

**CENTRAL MONTANA MEDICAL CENTER
POSITION DESCRIPTION**

| | | | |
|--|--|--|--------------------|
| Position Title | Fitness Center Attendant | Grade | |
| Department | Fitness Center | Exempt | |
| Immediate Supervisor | CCO | Non-exempt | X |
| Supervisor next in line | CEO | Workweek | < 20 hour per week |
| POSITION SUMMARY | | | |
| <p>The Fitness Center Attendant is to provide supervision in Fitness Center itself. This person must have basic knowledge of proper usage and instruction for all fitness equipment located in the facility. The Fitness Center Attendant needs to assist all members with their exercise programs. They need to be able to assist people who are exercising with technique and proper form. Needs to clean equipment daily. Must be able to demonstrate proper usage of all equipment. Must have a working knowledge of facility policies.</p> | | | |
| <p>Continued employment and raises in this position are dependent upon Central Montana Medical Center's fiscal viability and:</p> <ul style="list-style-type: none"> ● Actions and communications that contribute to a team concept and create a positive environment for all customers ● Acceptable performance of essential and all job duties ● Acceptable attendance record ● Accountability for safety to self, patients, visitors and all customers, and care of equipment and building ● Adherence to departmental and facility policies and procedures, education requirements, compliance monitoring and reporting, and CMMC Code of Conduct ● Accountability for the consequences of own actions ● Physical and emotional ability to perform essential functions ● Acceptable background investigation results if required for position | | | |
| Minimum Education, Experience, Licensure, Certification required: | | | |
| There is no pre-requisite. CPR certification is provided by CMMC. All assistants are trained on the job. | | | |
| ESSENTIAL FUNCTIONS/DUTIES: | | | |
| (Must be able to perform with or without accommodation) | | | |
| 1 | Needs to be able to provide equipment maintenance for all in house exercise equipment. | | |
| 2 | Must be able to demonstrate proper form and technique on all facility equipment. | | |
| 3 | Must be able to assist people with their exercise program if needed. | | |
| 4 | Completes other duties as assigned. | | |
| Knowledge, Skills, Abilities: | | | |
| CPR | | | |
| OCCUPATIONAL EXPOSURE for this position: | | | |
| | Category I | Direct contact with blood or other bodily fluid to which universal precautions apply | |
| X | Category II | Activity performed without blood/bodily fluids exposure, but exposure may occur in emergency | |
| | Category III | Task/activity does not ordinarily entail predictable exposure to blood/bodily fluids | |
| OTHER EXPOSURE for this position: | | | |
| | Radiation | | |
| | Noise | | |
| | Other (Specify) | | |
| PHYSICAL DEMANDS: | | | |

CENTRAL MONTANA MEDICAL CENTER
POSITION DESCRIPTION

| | | | |
|-----------------------|---------------------------------|--------------|--|
| Position Title | Fitness Center Attendant | Grade | |
|-----------------------|---------------------------------|--------------|--|

(Essential functions strength rating for position - see Job Analysis)

| | | |
|----------|-------------------|---|
| | Sedentary | Exert up to 10# occasionally or negligible force frequently |
| | Light | Exert up to 20# occasionally, < 10# frequently or negligible force constantly |
| X | Medium | Exert up to 50# occasionally, up to 25# or up to 10# constantly |
| | Heavy | Exert up to 100# occasionally, up to 50# frequently or up to 20# constantly |
| | Very Heavy | Exert > 100# occasionally, > 50# frequently or > 20# constantly |

I HAVE READ AND UNDERSTAND THIS POSITION/JOB DESCRIPTION, AND HAVE BEEN PROVIDED THE OPPORTUNITY TO ASK QUESTIONS AND RECEIVE APPROPRIATE ANSWERS. I ALSO UNDERSTAND THAT REASSESSMENT OF ABILITIES TO MEET POSITION REQUIREMENTS MAY BE PERIODICALLY REEVALUATED.

| | | |
|----------------------|------------------------|------|
| | | |
| Employee's Signature | Supervisor's Signature | Date |