

# Community Health Services Development (CHSD)

• 2022 FINDINGS FOR Lewistown, MONTANA •

Central Montana Medical Center (CMMC) participated in the Community Health Services Development (CHSD) project, a community health needs assessment process, administered by the Montana Office of Rural Health and funded in part through the Montana Health Research and Education Foundation (MHREF) Flex Grant. In February 2022, Central Montana Medical Center's service area was surveyed about its healthcare system.

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the full report



## Fergus County's TOP THREE

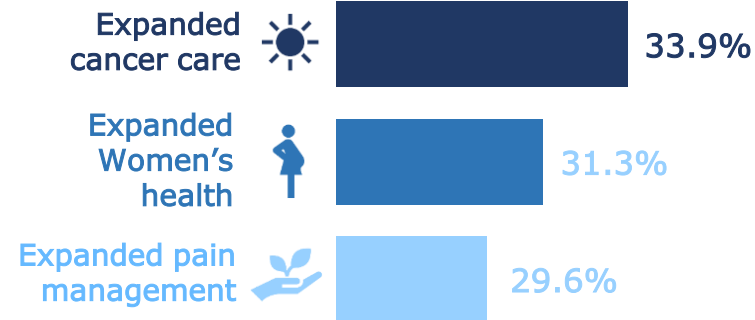
...to improve  
healthcare access

- Walk-in Clinic
- More specialists
- More primary care providers

...for a healthy  
community

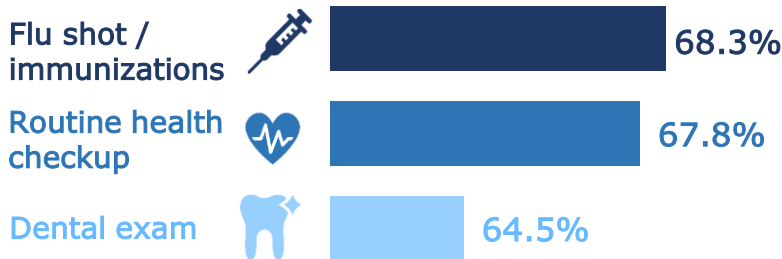
- Access to healthcare services
- Good jobs & a healthy economy
- Affordable housing

...for desired specialty healthcare services



## Healthcare UTILIZATION

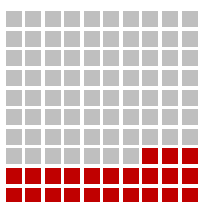
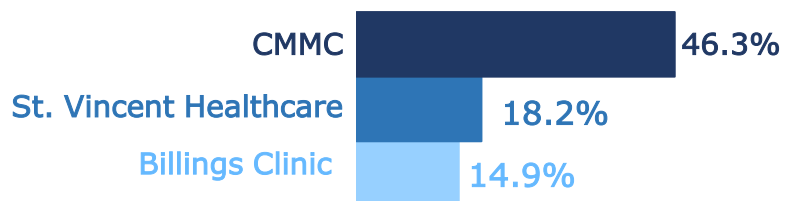
...most utilized preventive  
services in past year



...location of primary care  
providers used most often



...location of hospital used  
most in last 3 years

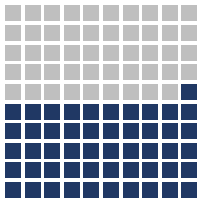


**23.4%**  
reported they or a member  
of their household **did not  
get (or delayed) needed**  
medical services.

Overall **quality of care** at Central Montana Medical Center was rated "good" (3.1 out of 4.0)

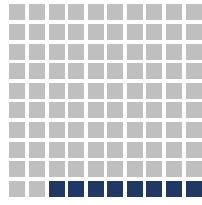


# Healthy COMMUNITIES



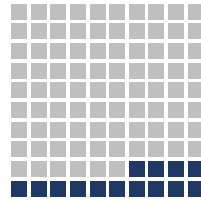
51.1%

Rated their own personal health as "Healthy".



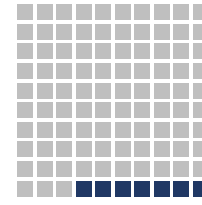
8.2%

said cost prohibited them from getting prescriptions or taking them regularly.



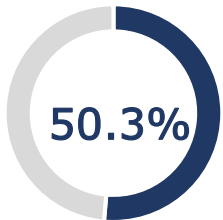
14.3%

Felt depressed on most days for at least three consecutive months in the past 3 years.



6.6%

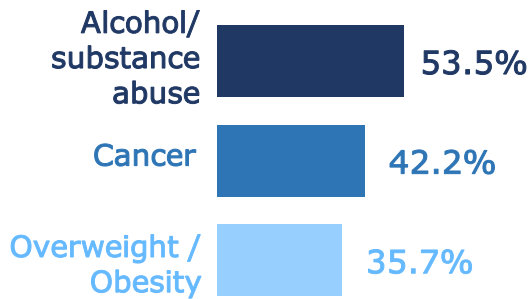
Indicated that they worried about not having enough food to eat.



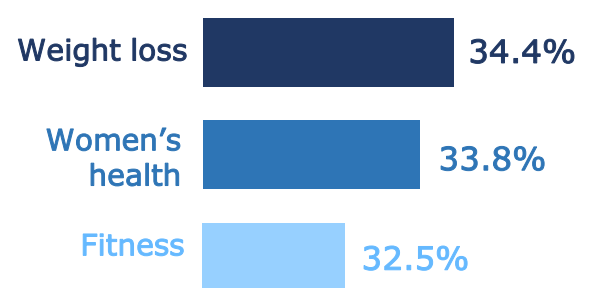
50.3%

Feel their community is somewhat healthy

## ...top health concerns



## ...interest in health education classes

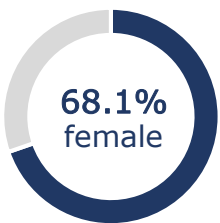


## ...physical activity



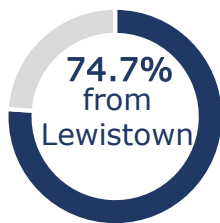
## Survey

# DEMOGRAPHICS



68.1% female

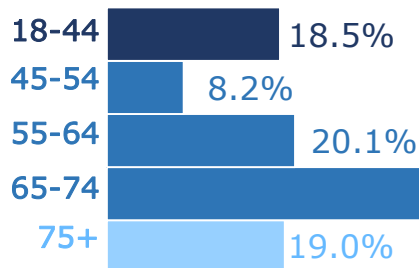
31.4% male  
0.5% Prefer to self-describe



74.7% from Lewistown

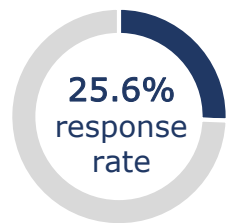
4.3% from Grass Range

## ...age range



35.1% work full time

40.5% retired



25.6% response rate

(186) surveys were submitted

## Findings from community INTERVIEWS

### ...major issues/concerns

- Mental health
- Health education, nutrition and fitness
- Senior services

### ...services needed

- Nutrition and healthy lifestyle education
- Winter health and wellness activities and programs
- Cancer care and support
- More outreach and awareness of local services
- Mental and behavioral health resources
- Naturopathic services
- Substance abuse services
- Affordable senior housing options
- Increased workforce for at home care
- More local providers